



WASPI Scottish Borders invites you to



Your Good Life

**An interactive / information event
for anyone aged 50 or over**

Saturday 9th March 2019

12 – 4pm

**Newtown Community Wing, Sprouston Road,
Newtown St Boswells, TD6 0RZ**

**Information and demonstrations from local groups on a
wide range of activities to support and enhance your
physical, mental and financial wellbeing**

Entry by donation Refreshments available Free parking

For more information contact waspiscotborders@gmail.com